

THE ANT

NEWSLETTER FOR ANGLESEA SHEDDERS

Sec. Simon Clark
52631812

Co Ord. Alastair Duke
52896653

Issue No. 21 August 2016

With apologies to Wm. Shakespeare and the Tragedy of Macbeth...

Double, double toil and trouble
Fire burn and caldron bubble

Thrice the brinded cat hath mew'd
Thrice and once the hedge-pig whined
Harpier cries 'Tis time, 'Tis time.....

Yes, that's right 'Tis AGM time again!!

Its time to reflect on events in the past 12 months and to welcome new challenges and the new Board (with some familiar faces remaining).

The following reports provide excellent summaries of our many and varied activities. They also highlight the need for any group to have people prepared to take on specific tasks in order for the few to provide for the many. We are blessed we have so many capable organizers although there is always scope for more contributors if you see an opportunity.

After all ...as Queen Latifah eloquently stated in "Chicago"...

"Got a little motto
Always sees me through
When you're good to Momma, Momma's good to you!!"

Coming Events

Annual General Meeting – 16th August 2016 - At the Men's Shed

Commences with morning tea at 10am followed by the AGM at 10.30am.

Men's Health Information Event – Friday 28th October 2016

Most men hate seeing a doctor or talking about their health however men want to live as long and as healthily as they can, with a good quality of life.

Men's sheds are all about Men's Health and so the Anglesea & District Men's Shed in conjunction with the Surf Coast Shire, Anglesea Community House and Anglesea Community Bank is putting on a **Men's Health Information Event** on **Friday 28th October at the Anglesea Recreation YMCA Camp, Inverlochy Rd, Anglesea**, starting at 3pm followed by health presentation talks from 4.30pm

Excellent guest speakers combined with afternoon tea and a 2 course meal this major event will commence with health displays from 3.00pm, followed by our speakers as below and finish around 7.00pm at the Anglesea YMCA camp - all for only \$10.

- 4.30pm - Dr Bernie Crimmins OAM is a general practitioner for over 30 years who has a special interest in men's health and preventative medicine. He was the club doctor for the Hawthorn Football Club for 15 years and has written 2 very informative and amusing books on men's health.
- 5.00pm - John Leyden is the Rehab Coordinator for the Geelong Cats.
- 5.30pm - Dr David Corbet is a local GP working for Barwon Health who assists many men in the area with a proactive approach toward their health.
- 6.00pm - Q&A session

There will be giveaways to all attendees as well as some great prizes to win.

Tickets are available through the Anglesea Men's Shed, local Men's Sheds across the Geelong, Bellarine and Surf Coast Shires, Anglesea Newsagency and the Anglesea Community House (Ph:52632116).

Tickets will not be available at the door owing to catering requirements. Special dietary needs can be provided on advice at time of booking.

COORDINATORS REPORT for AGM - AUGUST 2016.

This will be my last report as coordinator for the Anglesea and District Men's Shed. In looking back over the past year's activities, it has pleased and surprised me how much we have achieved over the last 12 months

1. Finalizing our 'Induction and O.H.S' policy.
2. Recycle shed. The wonderful work by Jim Tutt & community groups & seeing so many items rehoused instead of going to land fill.
3. Movies every month at Ric's shed and then lunch at the Moriac pub
4. Shed outings Ballarat furniture factory and show rooms & the Ballarat East Men's Shed.
5. The opening of the Lorne Men's shed - wishing them all the best.
6. Visit to the Colac Truck Museum & lunch at the Botanical gardens along with local market days, B.B.Q and many other events.

I have been a member of this shed since 2011 and Coordinator for the last 2 years. I have seen our membership grow to 58 members, but now space is becoming a problem. At our morning break we average 24-30 members Tuesday –Thursday. Hopefully the new committee will be able to have meaningful discussions with the Bowls Club about the return of our rooms when the new Bowls Club is developed.

Since the shed has been operational from 2011-2016, we have extremely lucky to have only 1 very minor and no major incidents. Our thanks to **Laurie Mason & Jeff Anderson** for the great job with our O.H.S policy and the training of our members by our qualified machinists.

Thank you to all the members who have supported me and the committee in helping with B.B.Q's, market days, repairing of furniture and toys for kinder gardens and local groups. Also the members who work tirelessly assembling, sanding and painting under Bob Dwyer's supervision.

I would like to thank all the Committee for their help support and encouragement over the last 2 years:

Simon Clark (who thankfully audits my ramblings), **Doug Philipson** (who keeps tight rein on our finances), **Bill Spencer** (publisher of The ANT), **Bruce Bodman** (catering), **Bob Dwyer** (works manager), **Barry Nancarrow**, **Geoff Giles**, **Ross Davey**, **Steve Harris**, **Laurie Mason**. Without the support of the members and the committee, our club would not be as successful as the one we enjoy today.

A big shout out for a wonderful lady '**Ilma Dite**' for supplying us with morning tea snacks - they are greatly appreciated.

We have always received wonderful support from our local community and business.

- Alcoa - Kate Betts, Bryce Hutton & Chris Rowland (donation of bench, sundry items and safety equipment) your company will be sadly missed.
- Community House - Gary, Alex and staff.
- Community Bank - Shane Madden .
- Y.M.C.A. Camp – Vicki.
- Stabby - For the excellent meat supplied for our B.B.Q
- Bunnings - With generous donations or discounts .
- The Surf Coast Shire - Thanks to all councillors & staff, especially Terri Rodaughan - they are always there to advise, help and support

I would like to wish the new committee all the best for the coming year 2016-2017 and hope you will enjoy these new roles, with new challenges, the shed will continue to grow with its members and committee working together.

These quotes I have spoken about before They are worth pondering over :

"NO-ones good at everything, everyone's good at something. If you haven't already, find your something, and go do it. Try new things and devote time to mastering them".

"Do something stupid" just because you feel like it - "We don't stop playing because we grow old; we grow old because we stop playing".

SHED COORDINATOR.
Alastair Duke.

Secretary's Report 2015-2016 for AGM.

During the past year, 2015-16, the role of secretary has become considerably less as the shed continues to become more established and settled. My role has been made less onerous by the great support of an energetic committee led by Alastair Duke along with the assistance of Ian McKerrow as minute secretary.

We have created good links with the Shire through Terri Rodaughan. The men's sheds from Anglesea, Lorne, Torquay and Winchelsea meet quarterly with the shire to discuss, ideas, issues & ways we can contribute to the wider community. Thank you to the Shire for its marvelous support of all sheds across the area.

Our relationship with the Anglesea Bowls Club is good and we have been able to share our combined spaces well. I applied on behalf of the Anglesea Men's Shed for a solar grant to the Federal Government for \$19,404 for solar panels. I was advised of this application being given to the Men's Shed on 4th April 2016 by Minister Greg Hunt. This installation will be managed by the Shire and shared with the Bowls Club for the benefit of both clubs. Again I need to point out that we have outgrown our existing space and we have met with the bowls executive to explore ways of accommodating our growing numbers, due to the regular attendances of 30+ on Tuesdays. It is hoped that, with the redevelopment of the bowls club, a reallocation of space may be able to be negotiated.

A big vote of thanks to Shane Madden and his team at the Community Bank. It has become our instant shop front, making our products available to the community but also assisting people to understand more of what we are about at the shed. We will miss Shane's face around town but know that our relationship with the bank will continue.

We are happy to welcome a number of men from the Anglesea Aged Care once a month, giving them an opportunity to get out and meet some new people. One member from there now regularly attends our monthly movie outing and lunch.

The members of the shed continue assisting with the Recycle Shed at the Anglesea Recycle Centre, sorting, storing, disposing and general running of this facility. Our combined thanks go to Jim 'Steptoe' Tutt who is still the driving force of this facility. We are proud of the volume of funds that have been shared amongst assisting community groups. As secretary, I am a member of the Community House recycle committee.

There are many newsletters from AMSA and VMSA and various other correspondence that comes in which are distributed to members either by email or printed form at the shed.

I have been secretary now of the Anglesea Men's Shed for the past 6 years. I wish to stress the need for new members to come forward to offer to fill roles in the running of the shed. While I have a minute secretary, I need a deputy secretary who can eventually take on the role of secretary. Without office bearers no organisation can continue to exist - please consider offering to help in some role.

Simon Clark
Secretary

2015- 2016 Risk Management report for AGM

This year has again proved the value of the effort put in by Shed members in that we have not had any injuries requiring medical treatment. Ongoing vigilance is however important, there have been a few incidents in which potential existed for injury, and these have been the subject of review at our morning tea sessions.

During the year the Shire undertook an OH&S survey of our shed facilities, the ensuing report identified a few areas for improvement but overall was complimentary on the breadth and quality of our program. All matters raised in the report have been addressed. The program continues to develop with the introduction of a workshop supervisor and a shift report section for all incidents incorporated into the sign in book.

I again wish to pay tribute to Jeff Anderson for his advice and role in conducting safety inductions and to our experienced workshop machinery trainers for their guidance in showing newcomers how to operate power tools and machines effectively and safely and to our Committee members for their support and guidance

Laurie Mason OH&S Co-ordinator

Workshop Report for AGM – August 2016

Our last 12 months in the Men's Shed have been very busy, but enjoying manufacturing saleable items. This has kept many of our members gainfully employed as well as bringing in an income to our shed. Each year we try to incorporate some new projects and this year we have made 35 Twin Wing Planes and 9 Helicopters as well as many other items. Barry has worked diligently on Toast tongs and Fish tongs as well as Bottle Openers.

One of our problem areas was making wheels, however with the purchase of a Wheel Cutter Bit we are now churning them out very quickly.

We were thrilled when Haydn, who worked as a painter, arrived early in the year and he has been doing a stirring job in the paint shop and his enthusiasm is also great to see. Thank you to all the people who helped out with the wood working class that we ran early in the year. The reports from the ladies were excellent and so we have agreed to run another course in November this year, at a slightly higher level.

Finally to all the helpers at our shed no matter what you do it certainly is appreciated and we are lucky to have such a fine group of enthusiastic workers with hundreds of years of experience between us all.

Thank you to Alastair for his pre machining of the timber that we use, you are doing a great job.

Regards to you all and thank you once again.

Bob Dwyer

ANGLESEA and DISTRICT MEN'S SHED**30.6.2016****Income and Expenditure Statement****RECEIVABLES****30.6.2016**

Cash as at 1st July	\$13,366.65
Alcoa Farewell Appreciation Donation	\$5,000.00
Voluntary Donations	\$605.00
Christmas Lunch - 33 Members @ \$10.00 each - (Subsidised @ \$15.00 per member)	\$330.00
Farm Shed Movies	\$1,575.00
Tip Shop Contributions	\$2,782.05
Joining Fees	\$100.00
Annual Subscriptions	\$1,590.00
Anglesea Sunday Market	\$1,523.25
B.B.Q. - Main Street, Anglesea	\$943.45
Woodwork for Women Work Class at Shed (4 x People x \$30 each)	\$120.00
Coffee and Tea	\$1,680.05
Manufacture - Cash Sales	\$2,806.40
Uniforms	\$225.00

TOTAL \$32,646.85**EXPENDITURE**

Office	\$9.30
Electricity	\$478.58
Manufacture	\$1,032.30
Donation to Ric Walters Charities - (Shearing Shed Movies)	\$1,250.00
Christmas Lunch - Y.M.C.A. Venue - 34 Members incl. 1 Sponsor Member @ \$25.00 each	\$772.72
General Expenses	\$1,004.55
Coffee and Tea	\$740.05
Foodlink	\$250.00
Affiliation Subscription - Australian Mens Shed Association	\$181.83
Badges	\$34.65
Tools	\$465.19
Factory Maintenance	\$865.68
Tools Maintenance	\$652.84
Uniforms	\$609.00
B.B.Q. - Main Street, Anglesea	\$36.75

TOTAL \$8,383.44**BALANCE \$24,263.41**

<u>G.S.T. saved to date</u>	<u>\$322.03</u>
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* Note: Barry Nancarrow is holding a float for Morning Tea as at 30.6.2016: \$2.20

* Note: Treasurer Doug Philipson is holding Petty Cash: \$467.35

These monies held in Bank by Community House: \$23,796.06

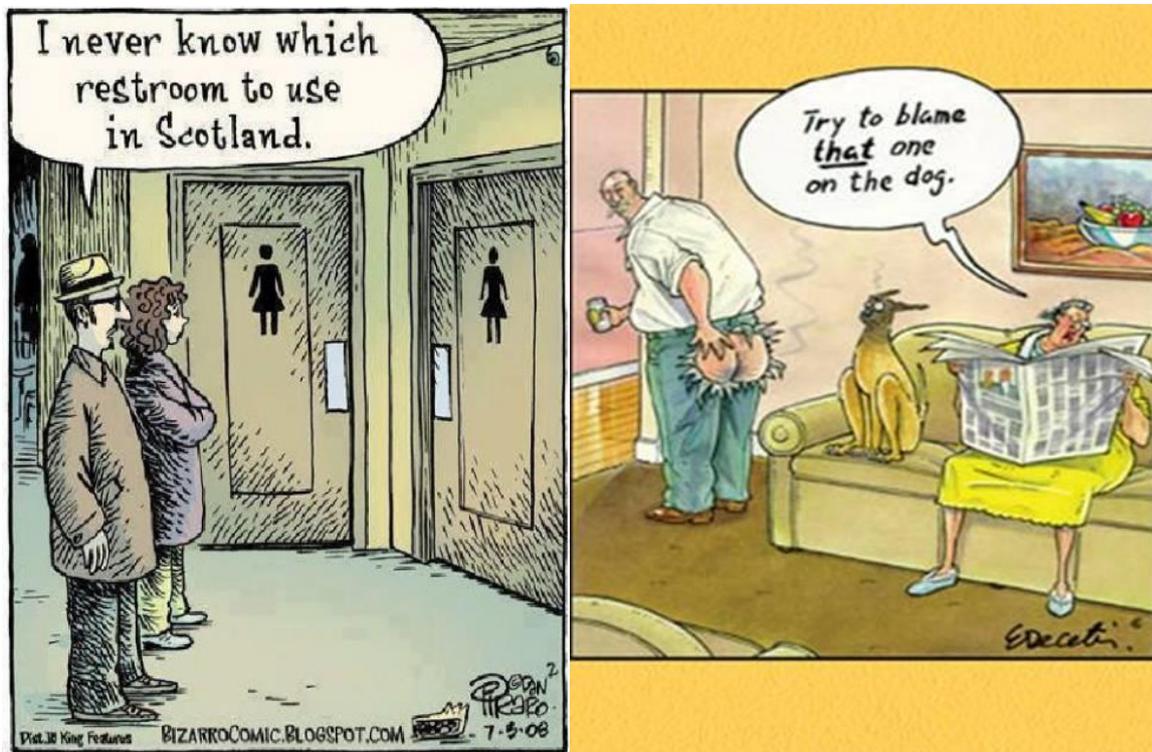
\$24,265.61

The Ant report for AGM – August 2016

Thanks for the heads up from David Pugh when I took over the job and for all the work Simon does behind the scenes in providing me access to publications relevant to Men's Shed activities. I would also like to thank Nick Harvey for his supply of email jokes. Although he is no longer a member of the AMS due to work commitments he often asks how everyone is going. And a special thank you to Graeme Raby for the first installment of his saga...with more to come.

Any suggestions or contributions always welcome.

Regards,
Bill Spencer - Editor



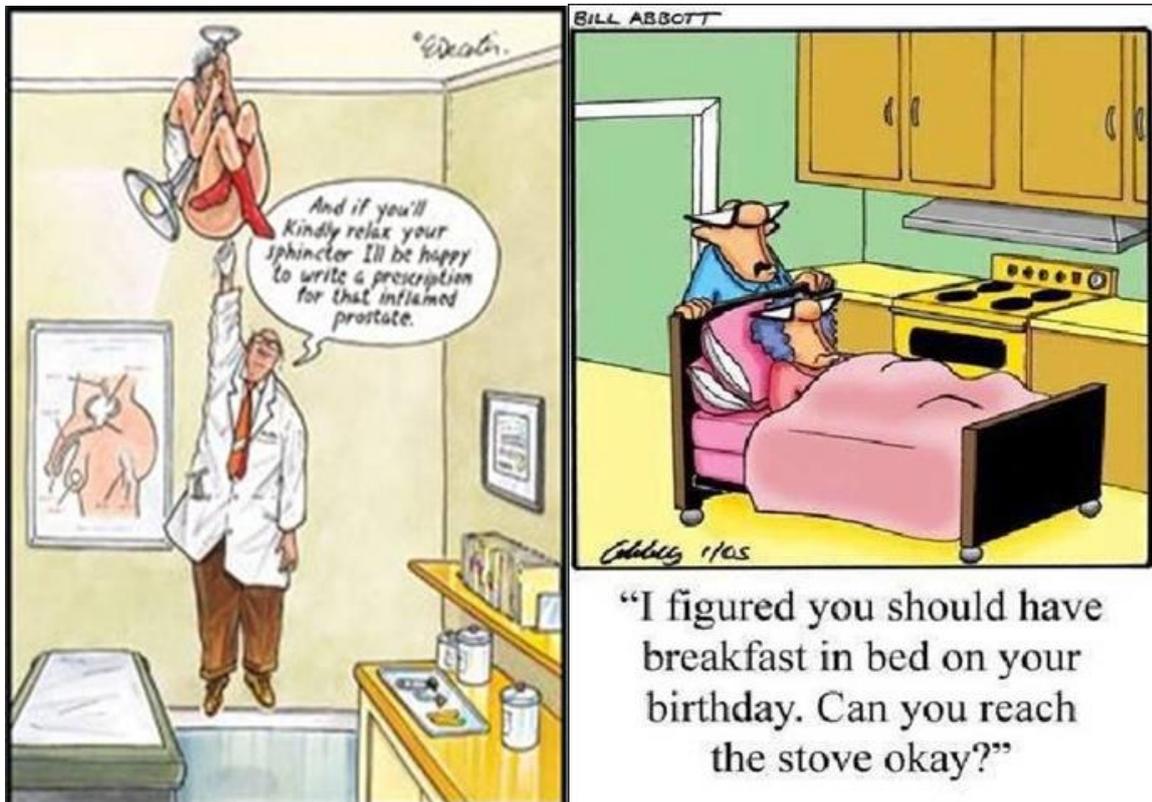
Ron, an eighty five year old man, was sitting on the couch with his wife, Maisie, when she said to him, 'Why don't you come sit close to me like you used to.' So he did.

After a moment Maisie said, 'Why don't you put your arm around me like you used to.' Ron put his arm around Maisie and held her tight. Then she said, 'Why don't you nibble on my ear like you used to.'

Ron got up and left the room.

'Where are you going?' Maisie called out.

'To get my teeth,' Ron replied.



Mail / Male Order?

Two Irish men, Kearney and O'Riordan were looking at a Mail order catalogue and admiring the models. Kearney remarks to O'Riordan, 'Have you seen the beautiful girls in this catalogue?' O'Riordan replies, 'Yes, they are very beautiful. And look at the price.'

Kearney says, with wide eyes, 'Wow, they aren't very expensive. At this price, I'm buying one.' O'Riordan, smiles and pats him on the back. 'Good idea. Order one and if she's as beautiful as she is in the catalogue, I will get one too.'

Three weeks later, Kearney, the youngest of the two asks his friend, O'Riordan, 'Did you ever receive the girl you ordered from that catalogue?'

O'Riordan replies with a glint in his eye, 'No, but it shouldn't be long now. She sent all her clothes yesterday.'



Men's Sheds are community-based, not-for-profit, non-commercial volunteer organizations that have become vital community assets. They play an important role in the overall